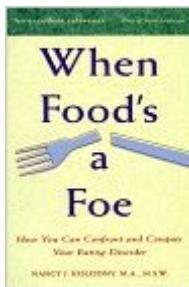


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# When Food's A Foe: How You Can Confront And Conquer Your Eating Disorder



## Synopsis

Examines the causes and effects of bulimia and anorexia and discusses ways in which these disorders can be prevented.

## Book Information

Paperback: 192 pages

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Average Customer Review: 5.0 out of 5 starsÂ  [See all reviewsÂ \(1 customer review\)](#)

Best Sellers Rank: #7,087,486 in Books (See Top 100 in Books) #96 inÂ Books > Health, Fitness & Dieting > Children's Health > Eating Disorders #366721 inÂ Books > Medical Books #804423 inÂ Books > Children's Books

## Customer Reviews

Nancy Kolodny's reader-friendly writing style will be a welcome change for those who are seeking help but not finding it in typical scientific-type analyses. The letters from people suffering from Anorexia Nervosa and Bulimia give the reader a marvellously comforting "you are not alone" feeling. An absolutely must-read for anyone suffering from an eating disorder, or family and friends of same.

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